



**October 2025**

**Eastern PA Health Care Quality Unit Training Syllabus**

<b>TITLE</b>	<b>DESCRIPTION</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
<b>Behavior De-escalation</b>	This training discusses Behavioral De-escalation and factors contributing to challenging behaviors. This training addresses: stages of crisis, the process of assessment in Behavioral De-escalation and appropriate interventions for each stage of crisis.	10/1/2025	10:00 a.m.- 11:00 a.m. (ET)	via Zoom
<b>Fatal Five</b>	This training provides an overview of the conditions included in the fatal five (Aspiration, Constipation, Dehydration, Seizures and Sepsis), their causes, risk factors, complications, and treatments as well as preventative strategies.	10/2/2025	10:00 a.m.- 12 noon (ET)	via Zoom
<b>Cardiovascular Disease</b>	This training provides an overview of the cardiovascular system and common cardiovascular diseases including causes, symptoms, risk factors, diagnostic and screening tests, treatment options, and prevention strategies.	10/8/2025	2:00 p.m. – 3:00 p.m. (ET)	via Zoom
<b>Depression and Suicide Prevention</b>	This training provides an overview of depression, including causes, diagnosis, and therapeutic interventions as well as ways in which depression may present and be treated in the dually diagnosed population. In addition, suicide prevention will be discussed.	10/14/2025	10:00 a.m.- 11:00 a.m. (ET)	via Zoom
<b>Fatal Five</b>	This training provides an overview of the conditions included in the fatal five (Aspiration, Constipation, Dehydration, Seizures and Sepsis), their causes, risk factors, complications, and treatments as well as preventative strategies.	10/22/2025	1:00 p.m.- 3:00 p.m. (ET)	via Zoom

**To register please email Colleen Rafferty-- [cmr@theadvocacyalliance.org](mailto:cmr@theadvocacyalliance.org)**



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<b>Fatal Five</b>	This training provides an overview of the conditions included in the fatal five (Aspiration, Constipation, Dehydration, Seizures and Sepsis), their causes, risk factors, complications, and treatments as well as preventative strategies.	11/5/2025	2:00 p.m.- 4:00 p.m. (ET)	via Zoom
<b>Fatal Five</b>	This training provides an overview of the conditions included in the fatal five (Aspiration, Constipation, Dehydration, Seizures and Sepsis), their causes, risk factors, complications, and treatments as well as preventative strategies.	11/10/2025	10:00 a.m.- 12 noon (ET)	via Zoom
<b>Compromised Skin Integrity</b>	This training provides an overview of compromised skin integrity, including the role of the skin as an organ, risk factors for skin breakdown, the stages of breakdown, treatments, interventions, and barriers to healing.	11/13/2025	3:00 p.m.- 4:00 p.m. (ET)	via Zoom
<b>Overview of Personality Disorders</b>	This training provides an overview of personality disorders, including symptoms, diagnosis, treatments, and support strategies.	11/18/2025	1:00 p.m.- 2:00 p.m. (ET)	via Zoom
<b>Celiac Disease</b>	This training provides an overview of Celiac Disease and related complications. This training discusses: gluten and casein by definition, risk factors, especially in people with Down Syndrome or Autism and symptoms, complications, screening and diagnostic limitations	11/19/2025	11:00 a.m.- 12:00 noon (ET)	via Zoom

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<b>Fatal Five</b>	This training provides an overview of the conditions included in the fatal five (Aspiration, Constipation, Dehydration, Seizures and Sepsis), their causes, risk factors, complications, and treatments as well as preventative strategies.	12/1/2025	10:00 a.m.- 12 noon (ET)	via Zoom
<b>Cerebral Palsy</b>	This training provides a general overview of cerebral palsy, including potential causes, signs/symptoms, treatments, and considerations for individuals as they age.	12/3/2025	11:00 a.m.- 12 noon (ET)	via Zoom
<b>Schizophrenia</b>	This training provides an overview of Schizophrenia including symptoms, diagnostic criterion, treatment options, and communication skills to use when supporting a person with Intellectual Disability/Autism and Schizophrenia.	12/9/2025	11:00 a.m.- 12 noon (ET)	via Zoom
<b>Deep Vein Thrombosis (DVT)</b>	This training provides an overview of DVT, including causes, risk factors, symptoms, diagnoses, treatment, and prevention.	12/11/2025	10:00 a.m.- 11:00 a.m. (ET)	via Zoom
<b>Fatal Five</b>	This training provides an overview of the conditions included in the fatal five (Aspiration, Constipation, Dehydration, Seizures and Sepsis), their causes, risk factors, complications, and treatments as well as preventative strategies.	12/17/2025	1:00 p.m.- 3:00 p.m. (ET)	via Zoom

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